

DIGITAL RESOURCES



How to scan a QR code:

1. Open the camera app on your smartphone
2. Point it at the QR code
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digital resources can also be accessed via the
website links inside this leaflet

Website link = rb.gy/d94u6v

THE IMMUNOBUDDIES PODCAST



Patient Information
Immunotherapy
(Checkpoint Inhibitors)



#1 Fundamentals of Immunotherapy

Website link = rb.gy/j2ad4g

1. What is immunotherapy?
2. Is immunotherapy the same as chemotherapy?
3. What will happen when I receive my immunotherapy?
4. How is it given and by whom?
5. How can you tell if it is working?
6. Does it work immediately?
7. Will I be seen regularly?



#2 Side Effects Explained

Website link = rb.gy/59xlez

8. What are the common side effects?
9. Are there any serious side effects?
10. Are side effects permanent?
11. How do I know when to call with potential side effects?
12. How do I know if I am under/overreacting?
13. What should I tell staff if I am admitted outside of the cancer centre/local area?
14. Who do I contact if I am worried?
15. What about sex and contraception?
16. Is fertility affected?
17. What happens if I stop treatment?



3 Advice on Family, Friends & Career

Website link = rb.gy/3ll7we

18. Is there support for family and friends?
19. What should I do about work?
20. Is there anything I can do to help myself?
21. Anything to avoid?
22. Can I drink alcohol?
23. Can I take all my regular medications whilst on immunotherapy?



#4 During and After Immunotherapy

Website link = rb.gy/8ooazx

24. Can side effects occur after I have completed my immunotherapy?
25. Is immunotherapy new/experimental?
26. Can patients die as a result of their immunotherapy?
27. Why do you use steroids to treat side effects?
28. Do steroids affect the efficacy of immunotherapy?
29. Why do I keep having treatment every few weeks?
30. If I need a break because of side effects, will this affect my treatment working?



#5 How Will It Impact Me & My Family?

Website link = rb.gy/08wttv

31. Can I be around family/young children?
32. Can I drive?
33. Is there an alternative?
34. Should I have my winter vaccines?
35. Chemotherapy made me tired, is it the same?
36. Is it safe to take herbal remedies?
37. If I am under the care of Oncology, Why do I need a cancer review at the GP surgery?
38. Are there ways to manage sleep disruption caused by steroids?
39. Role for diet?
40. Where can I find out more about immunotherapy?



#6 Understanding Medical Jargon

Website link = rb.gy/1gvu3j

41. What is immunotherapy?
42. What does "stage" & "grade" of cancer mean?
43. What does "adjuvant" mean?
44. I thought my cancer had gone, why am I having adjuvant treatment?
45. Do I have to have it?
46. How will they talk to me about the benefits of adjuvant treatment?
47. What happens once I've finished?
48. If I do not choose adjuvant treatment, then what?
49. If I have adjuvant immunotherapy, can I be rechallenged later?
50. Where can I find out more?

